

The Next Step: Teacher Training/Deep Immersion Program

Application Form 2009

(Print out, do not email this application)

This application form is to give the staff at Shama-Bhakti Yoga Centre an idea of your level of experience in all aspects of yoga. It will assist you in assessing your own commitment to this process – your practice and the course.

This will be a unique experience and what you learn here will enhance your life regardless of whether you become a teacher or not.

Please print neatly all info.

General Information:

Name _____

Address _____

Phone _____

Email _____

Date of Birth _____

Experience Info:

How long have you been practicing:

Asana (posture)? Describe where, who, what, when?

Meditation? Describe where, who, what, when?

Do you practice regularly? Please describe briefly.

What have you read about yoga?

Have you attended classes at Shama-Bhakti? When?

Have you previously attended a yoga teacher training elsewhere? Please describe briefly?

Are you intending to teach after this course?

If you teach yoga presently, please describe your teaching briefly. (How long? What kind? Etc.)

As a person, what would you say are your weaknesses and your strengths?

As a yoga student, what would you say are your weaknesses and your strengths?

As a teacher, what would you say are your weaknesses and your strengths?

This course asks you for a fair bit of commitment; you cannot miss any of the weekends and personal sessions. Are you ready for this commitment? Physically? Mentally? Emotionally? Spiritually?

What are the reasons you are taking this course:

Self-betterment? Describe.

Become a teacher? Describe.

Other? Describe.

Education:

High School?

Post Secondary? Please describe briefly.

I have answered all the above questions honestly and thoroughly and submit this as my application for the Shama-Bhakti Yoga Centre's The Next Step: Teacher Training/Deep Immersion Program '09.

Signature:

Name: _____

Date: _____

Please return/mail completed form and deposit (half of full cost -\$1,832.25) to:

Shama-Bhakti Yoga Centre
323 Kerr St. #102
Oakville, On. L6K 3B6

Mark: Application for 'The Next Step: Teacher Training/Deep Immersion' on the envelope.

Refund policy:

*If student withdraws by Dec 1st, a full refund MINUS \$50 administration fee will be made.

*50% refund if student withdraws before Dec. 23rd

*25% refund if student withdraws within the month before the course.

*There will be NO refund once the course has begun January 25th 2009.

(Extraordinary circumstances will be considered at the discretion of the SB management.)